



CANADIAN DISTRICT

COVID-19 SCENARIOS FOR UBC MEMBERS

LAI D OFF DUE TO WORK CLOSURES

- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- Canadians who are already receiving EI regular and sickness benefits as of today would continue to receive their benefits and should not apply to the CERB. [Learn more](#).
- Apply for regular EI benefits in case you are still unemployed after the 16-week CERB period. You will need a required number of hours. See eligibility info [here](#). You will need an ROE from your employer saying you've been laid off. There is a one-week wait period (so you will not be paid for 1 week). Apply [here](#). Or call 1-800-206-7218.

SICK, QUARANTINED, OR IN DIRECTED SELF-ISOLATION

- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- Apply for [EI sickness benefits](#).
- The [one-week waiting period for EI sickness benefits will be waived](#) for new claimants who are quarantined so they can be paid for the first week of their claim.
- The requirement to provide a sick note [has been waived](#) for people claiming EI sickness benefits due to sickness, quarantine, or directed self-isolation.

SICK, QUARANTINED, OR IN DIRECTED SELF-ISOLATION & HAVE BENEFITS THROUGH MY UNION

- If you have benefits, your benefit plan may offer short-term disability or a member and family assistance program.
- Contact [your union](#) to see if you are currently covered on its benefit plan, or call 1-800-354-1812 to speak with someone from your council's COVID-19 Member Response Team.
- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- Apply for [EI sickness benefits](#) in case you are still sick after the 16-week CERB period.

LAI D OFF AND INELIGIBLE FOR EI

- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).

SICK, QUARANTINED, OR IN DIRECTED SELF-ISOLATION & INELIGIBLE FOR EI

- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- If you have benefits through your union, your benefit plan may offer short-term disability or a member and family assistance program.
- Contact [your union](#) to see if you are currently covered on its benefit plan, or call 1-800-354-1812 to speak with someone from your council's COVID-19 Member Response Team.

SICK, QUARANTINED, OR IN DIRECTED SELF-ISOLATION & DON'T HAVE BENEFITS THROUGH MY UNION OR AM UNSURE IF I HAVE BENEFITS

- Contact [your union](#) to see if you are currently covered on its benefit plan, or call 1-800-354-1812 to speak with someone from your council's COVID-19 Member Response Team.
- Apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- If you are not covered but are eligible for EI, apply for [EI sickness benefits](#) that may be available after the 16-week CERB period.

UBC COVID-19 MEMBER RESPONSE TEAM

- UBC members can contact the UBC COVID RESPONSE TEAM to answer your questions and provide information during this pandemic period.
- The UBC is here to listen and help.
- Call 1-800-354-1812.

UNABLE TO WORK DUE TO SCHOOL CLOSURES

- Parents with children who require care due to school closures can apply for the [Canada Emergency Response Benefit \(CERB\)](#). The CERB will be accessible through your [CRA My Account](#) as of April 6. View the application guidelines [here](#).
- Canadians who are already receiving EI regular and sickness benefits as of today would continue to receive their benefits and should not apply to the CERB. [Learn more](#).

COVID-19 INFO & RESOURCES

- [This federal website](#) is a directory for information about COVID-19 in relation to a variety of topics.
- Here is a [directory of local resources and support](#) through Crisis Services Canada.
- [General Occupational Health Advisory about COVID-19](#) – from Health Canada
- Canadian workers have the right to [refuse unsafe work](#).
- View [this additional guide](#) for directing Canadians to benefits & information.

THINK YOU MIGHT HAVE COVID-19

- If experiencing [symptoms](#), complete [this self-assessment tool](#).
- [If you are sick](#), self-isolate and contact a health care provider – You can call 811 in many provinces to speak with a registered nurse.
- Health Canada has developed a [COVID-19 self-assessment app](#) for both Android and Apple devices.